

1st Sunday of Lent - February 18, 2024

1st Sunday of Lent

The journey we make during Lent is an inward one, to stand before God in all sincerity and truth. This helps us to see ourselves as we really are and as we take stock of what we are doing with our time and our talents, we become more aware of our own sinfulness. The need to change and to renew the struggle against evil by prayer, fasting and penance becomes obvious. – Desmond Knowles-

Office Hours: The Parish Office is open Tuesday to Friday 8:30 am to 1:30 pm

If you would like to receive the weekly bulletin by email please email Christine at HolyNameofJesus@archkingston.ca

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament.

This week the Sanctuary Lamp burns

FOR A SPECIAL INTENTION

If you wish to sponsor the sanctuary lamp for one week the stipend is \$10.00

Mass Intentions

First Sunday of Lent – February 18, 2024

Sat. Feb. 17- 5:00 pm -No Intention
Sun. Feb. 18- 9:30 am – for the people
11:00 am - Polish Mass

Tues. Feb. 20- 9:00 am – No Intention
Wed. Feb. 21 – 9:00 am – No Intention
Thurs. Feb. 22 – 9:00 am – No Intention
Fri. Feb. 23– 9:00 am – No Intention

2nd Sunday of Lent – February 25, 2024

Sat. Feb. 24- 5:00 pm - for the people
Sun. Feb. 25- 9:30 am – Charles H. Graham (Bouvier Family)
11:00 am - Polish Mass



KNIGHTS OF COLUMBUS PANCAKE BREAKFAST

SUNDAY FEBRUARY 18 AFTER ALL MASSES

Location - St. Joseph Room, Msgr. Raby HouseCost - Donations welcome!

Adoration in our chapel on Thursdays from 3 to 6 pm: Our Knights of Columbus are arranging Adoration on Thursdays from 3 to 6 pm. If you can commit to the same time every Thursday please contact Bob Bouvier or Christine at the parish office. If you can't commit but would like to stop in and spend time with Our Lord you are welcome and encouraged to visit!

Archbishop Michael Mulhall Lenten Talk Series

Wednesdays during Lent and Easter season; 7:00 pm

St. Mary's Cathedral (279 Johnson Street, Kingston)

Archbishop Mulhall will lead us in a spiritual reflection on the Wednesdays of Lent and Easter in the context of Adoration of the Blessed Sacrament.

Lenten Faith Sharing Series Wednesdays, February 14 - April 3, 2024; 7:00 pm

Our Lady of Lourdes Parish (490 Days Road, Kingston ON)

All are invited to a weekly faith-sharing series during Lent. Starting after Ash Wednesday evening Mass on Feb 14th. For one hour each evening, we will pray, read a Gospel passage, watch a short video then discuss in small groups. For more information, please contact Karl Kadwell (613-888-7824) or Matej Goc (matejgoc@gmail.com).

Taizé Prayer -Friday, February 16; 7:00 pm-St. Mary's Cathedral (279 Johnson Street, Kingston)

Taizé Prayer is a simple, meditative form of worship, calling us to dwell deeply on Christ's presence around and within us. Led by a schola, songs (like "Jesus, Remember Me"), are prayerfully chanted, accompanied with silence, and short readings which guide the focus of the prayer in our candle-lit, darkened cathedral. This is a perfect way to enter into the spirit of Lent. Please join us.

Take Heart: By His Wounds we are Healed (Lift Jesus Higher Rally) Saturday, March 2, 2024; 9:00 am – 5:30 pm - Metro Toronto Convention Centre (North building)

This year the Lift Jesus Higher Rally (LJHR) features healing services for Youth and for Adults led by Fr. Mathias Thelen, co-founder of Encounter Ministries. The LJHR also includes talks by members of the Renewal Ministries team including Peter Herbeck and Mass celebrated by Archbishop Francis Leo. Join the largest Catholic Rally in Ontario on Saturday, For tickets and more information, visit <https://www.ljhr.ca/> (Adult \$30, Youth \$15).

Lenten Lecture Series: Mondays, February 19-March 11; 10:45 am

St. Paul the Apostle Parish (1111 Taylor-Kidd Blvd, Kingston)

Join us on Monday mornings through Lent as Deacon Bill Gervais, Fr. Michel Quenneville, and Fr. John Hibbard lead us in a Lecture series covering the following weekly topics:

- The Spirituality of Lent (Feb 19)
- The Lenten Call to Penance (Feb 26)
- Liturgical Prayer; My Sacrifice and Yours (March 4)
- Celebrating the Sacred Triduum (March 11)

The lectures will begin following 10 am Mass. Please use the Hall entrance. All are welcome

The BE Attitudes: Ten Paths to Holiness with Fr. Albert Haase, OFM Video Series

Wednesdays, February 21- March 20; Time TBA

St. Francis Xavier Parish (74 Church Street, Brockville)

Each one of us is called to discover our own unique way to grow in holiness whether it be as a parent, spouse, babysitter, beautician, bartender, or businessperson. No matter the occupation or role we play in life, there are ten characteristics that should shine in the life of every Christian disciple. Each independent talk explores three or four of the ten important attitudes that will shape each one of us into the person God calls us to be, with segments focused on:

- Relational and Self-giving Love
- Forgiveness
- Compassion, Surrender, and Being Contemplative
- Living in the Present Moment and Passion for Peace and Justice
- Gratitude and Your Own Unique Path to Holiness

These presentations will be held over five weeks. Keep an eye on their webpage <https://sfxbrockville.ca> for start time and details.

A Lenten Series on Sin: Thursdays, February 22-March 7; 7:30 – 9:00 pm

St. Mary's Parish Centre 260 Brock Street, Kingston

We will reflect on: What does the Catechism say about sin? The Seven Capital sins and What is my root sin? These reflections will be led by Father Shawn. Please register by emailing juliet@stmaryscathedral.ca or 613-546-5521 ext. 5. This series will be live-streamed on our website: stmaryscathedral.ca. All are most welcome.

Reclaiming Redemptive Suffering (Webinar): A Spiritual Approach to the Meaning of Suffering
Wednesday, February 21; 7:00 pm

Via Zoom by Registration

The Canadian Catholic Bioethics Institute invites you to join us for a free webinar. Many of us have lost any sense of 'meaning' in suffering. Some want to avoid it at all costs, even choosing early death. Our Catholic faith talks about 'redemptive' suffering, but what does that mean? Erin Kinsella will discuss this through the lens of her experience of chronic illness and developing spirituality of suffering.

For registration and inquiries please email CCBI at bioethics.usmc@utoronto.ca to receive a Zoom invitation.

About the Speaker: Erin Kinsella, BSc., MTS: Erin Kinsella is a Consecrated Virgin of the Archdiocese of Toronto and a co-host of "[In the Thicket](#)," a podcast on suffering and hope. She holds a Master of Theological Studies from St. Augustine's Seminary conjointly with the University of Toronto and completed her thesis on the theology of the suffering body.

Project Anna and Simeon – Grief Retreat

Saturday, March 9; 12:00 pm- 8:00 pm

St. Mary's Refuge (Madoc)

Are you grieving the loss of a loved one through Medical Assistance in Dying?

A retreat day for hospitality, support, reflection, and sharing for those who are hurting from losing a loved one through MAiD. Meals will be provided. For more information and to register, email us at outreach@stmarysrefuge.org

Suggested Donation: \$100; Registration deadline Monday February 26

Catholic Christian Outreach (CCO) Summit

Friday, March 22; 7:00 pm

St. Mary's Cathedral (279 Johnson Street, Kingston)

Led by the missionaries of CCO and the students of Newman House chaplaincy at Queens, in St. Mary's Cathedral in the context of Adoration of the Blessed Sacrament, prayerful praise and worship music accompanied by inspiring testimonies. Confessions will be available.

ORGAN SCHOLARSHIPS, deadline 31 March

The Royal Canadian College of Organists (RCCO) Kingston Centre offers scholarships for pianists of all ages who would like to be introduced to, and develop their playing skills on the pipe organ.

Scholarships provide 10 hours of free organ lessons with a qualified instructor. The application deadline is March 31, with auditions for qualified applicants in early April. Information and application materials are available at www.rcco-kingston.ca, by emailing scholarships@rcco-kingston.ca, or by calling Cathy at 613-352-3334.

Save the date: St. Barnaby's 150th Anniversary, June 9th St. Barnaby Parish, 5307 Hwy #15, Seeley's Bay, will be celebrating their 150th Anniversary on June 9th. Mass will be celebrated at 2 PM. Following Mass a celebration dinner will take place. Please tell your family members, former parishioners and friends to save the date! Further information will be coming in the months to come.

Project Rachel Retreat: Friday, April 19-21 - St. Mary of Egypt Refuge (Madoc)

Project Rachel at St. Mary of Egypt Refuge is a ministry to women who have lost a child to abortion, and who often suffer the pain of this loss alone, filled with shame and regret. These women are welcomed on a Project Rachel weekend by the Christian community -- with hospitality, with the beauty of nature at St. Mary of Egypt Refuge in Madoc, with good food, and without judgement. There are opportunities for healing by way of Scripture, prayer, and the loving presence of our Lord in the sacraments of the Eucharist and Reconciliation.

There are many ways for volunteers to participate in these weekends -- assisting the team's retreat, cooking, providing transportation, advertising the retreat by word of mouth, and by prayer.

For more information, to register for the weekend, or to volunteer please find our contact number at stmarysrefuge.org/rachel.

Corporal Works of Mercy during Lent: St. Rita's Drop-in Centre

St. Mary's Cathedral Outreach to the homeless and poor of the city. 1:00-4:00 pm, Monday to Friday. Providing safety, shelter, great food, showers and good Christian hospitality and dignity. Volunteers always needed and welcome. Contact: paty@stmaryscathedral.ca

Veronica's Veil Overnight Shelter: Men, your help is needed.

We need your generosity. Shifts will run 8:30 pm to 12:30 am, 12:30 am to 4:30 am and 4:30 am to 8:30 am seven days a week. If you could volunteer for one of these shifts one day each week it would be a great help. Training will be provided. Please contact Ann Lyng at veronicasveil@stmaryscathedral.ca to sign up or for more information.

Each year, the Holy Father asks for our prayers for a specific intention each month. You are invited to answer the Holy Father's request and to join with many people worldwide in praying for this intention each month.

February

For the Terminally Ill

We pray that those with terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

