

## **Bulletin - March 19, 2023**

### **4<sup>th</sup> Sunday of Lent**

In this Gospel, Christ is asking us to look at our blind spots because coming from darkness into light is not an easy journey. It takes time and requires patience because of the many pitfalls on the road. In spite of our best resolutions the light of Christ is inclined to grow dim within us. Jesus knows our weaknesses and is willing to help us provided we come to him for healing. Having been called to walk as children of the light we must keep praying: 'Lord, that I may see'. -Desmond Knowles-

*The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament.  
This week the Sanctuary Lamp burns*

#### **FOR A SPECIAL INTENTION**

If you wish to sponsor the sanctuary lamp for one week the stipend is \$10.00

Please do not attend any Mass if you are experiencing any symptoms such as a stuffy or runny nose, cough, sore throat, fever, headache, pink eye, decreased appetite etc...

### **Mass Intentions**

#### **4<sup>th</sup> Sunday in Lent - March 19, 2023**

Sat. Mar. 18 -5 pm - Jim Coulter (Coulter Family)

Sun. Mar. 19 - 9:30 am - for the people

Tues. Mar. 21 -9:00 am - unannounced

Wed. Mar. 22 - 9:00 am - Mary Boyle (Jack)

Thurs. Mar. 23 -9:00 am - Unannounced

Fri. Mar. 24 - 9:00 am - Mary Boyle (Jack)

#### **5<sup>th</sup> Sunday in Lent - March 26, 2023**

Sat. Mar. 25 -5 pm - for the people

Sun. Mar. 26 - 9:30 am - John Domarchuk (50<sup>th</sup> anniversary of his death) (Cecile Gould)

**Lenten Confessions:** Saturday April 1 from 4 to 5 pm and then again after mass as necessary.

#### **Holy Family Parish is Hiring: Part-time Administrative Assistant**

Do you have office administration skills? Do you want to join a dynamic mission-driven team? Please contact **Karen Keough** at [holyfamilychurch@cogeco.ca](mailto:holyfamilychurch@cogeco.ca) to receive an information package. Letter of Interest and Resume due by 4:00 pm Monday, March 20<sup>th</sup>, 2023.

#### **The Call of the Catechist - a webinar series offered by the Canadian Conference of Catholic Bishops (CCCB)**

**Beginning on March 28, 2023**, the CCCB Office for Evangelization and Catechesis will offer a webinar series, The Call of the Catechist. This three-part series will explore the needs of the catechist today and will be of interest to those involved in evangelization and catechesis. Keynote speakers include Sherry Weddell (Catherine of Siena Institute), Sr. Janet Schlafler, OP (Adrian Dominican Sisters), and Anne Walsh, D.Min. (Redemptorist Lay Missionary).

To Register: <https://cccb->

[ca.zoom.us/webinar/register/2916776042783/WN\\_Dhjog2k8R8i626WAcuCu1Q](https://cccb-ca.zoom.us/webinar/register/2916776042783/WN_Dhjog2k8R8i626WAcuCu1Q)

### **Lenten Lecture Series**

**Saturday mornings until March 25<sup>th</sup>**

**Saint Paul the Apostle Parish** will be hosting a Lenten Lecture Series on the Liturgy on Saturday mornings 9:30 am to 10:30 am in the Parish Hall.

Speaker is Father John Hibbard.

**Remaining Topics: March 18<sup>th</sup>** - Spirituality of the Eucharistic Prayer; **March 25<sup>th</sup>** - Eucharist: Paschal Meal, Sacrifice and Covenant.

### **Veronica's Veil Overnight Warming Center Seeking Male Volunteers**

Male volunteers needed to staff 4-hour shifts throughout the night for a men's shelter at the St. Mary's Parish Centre. Contact Ann Lyn: (613)572-4892 or [annlyng96@gmail.com](mailto:annlyng96@gmail.com)

### **Birthright Kingston Needs Volunteers**

If you can spare 2 and a half hours per week to assist women and girls in Kingston who are facing a difficult pregnancy, please call us at 613-546-5433 or email

[info@kingstonbirthright.ca](mailto:info@kingstonbirthright.ca). If you have experience with websites and social media you could help us from home. We provide training. Please consider helping with this life-affirming work.

### **Prison Ministry Information Tuesday evenings (April 11<sup>th</sup> - May 9<sup>th</sup>, 2023); 6:30 to 8:30 pm** **Francis J. Spence Pastoral Centre (390 Palace Road, Kingston)**

Have you ever wanted to do some type of Prison Ministry but weren't sure what's involved or how to go about it? This workshop series is designed for you. Also, this is a good refresher training for Volunteers currently in this ministry. Over the course of five weekly, 2-hour sessions, participants will be introduced to key aspects, skills, and themes surrounding this ministry. Some of the topics include:

- Call to Prison Ministry
- Communication Skills
- Boundaries
- Restorative Justice
- Self-care
- Prison culture
- And more!

For more information contact Mary-Jo Mackinnon Simms at [religioused@archkingston.ca](mailto:religioused@archkingston.ca). To sign up contact Gorett DaSilva by phone 613-548-4461 ext. 112, or e-mail: [pastoralservices@archkingston.ca](mailto:pastoralservices@archkingston.ca).

**The registration deadline is Wednesday, April 5th, 2023.**

**St. Mary's Drop-In Centre Looking for Volunteers 260 Brock St Kingston** Volunteer your time to help one of our teams: We need your help with staffing shifts, collecting/organizing donations, working at our Community Garden, and fundraising. Our guests regard the church as a safe haven and we continually hear that our loving volunteers make all the difference. We strive to see Jesus in all those who come through our doors (Mt 25:40). We are always in need of more volunteers, particularly to staff the shifts at the Drop-In Centre and to provide pastoral care to our guests. To volunteer, please get in touch with **Paty Velazquez, Coordinator**. Email: [paty@stmaryscathedral.ca](mailto:paty@stmaryscathedral.ca); Phone: (613) 546-5521  
<https://stmaryscathedral.ca/dropincentre/>

## Feb to April 2023 Knights of C 50/50 Lottery

The early bird draws of the **Feb-Apr 2023 Lottery**, \$500, \$250, \$250 on **March 1st and April 1st** with the final **grand prize draw on April 30th** at 10 am. Our portion of the lottery funds, 25% of ticket sales sold from our website will be dedicated to **St. Vincent de Paul Society**. 25% goes to our Provincial Knights organization the 50% from each council website ticket sales goes to the grand prize winner.

you may purchase tickets for the present lottery at:

<https://ontariokofcraffle.5050central.com/?olc=11886>

**Note:** If you are apprehensive of buying on-line contact Robert Charest at 613-547-4731 or Jim Laudanski at 613-544-9489 who will buy them, upon payment when you see him next he will give you the photocopy of the email of the tickets purchased

## Earthquake Relief

<https://romancatholic.kingston.on.ca/earthquake-relief>.

## Prayer for Physical Healing (Our Lady of Divine Fire Mission)

Monday, March 27<sup>th</sup>, 6:00-8:30 pm ..St. Joseph Catholic Church, 392 Palace Road, Kingston

The students of the Encounter School of Ministry - Kingston campus will be ministering in teams to those seeking the healing love of Jesus. Anyone in need of PHYSICAL healing is invited to come and receive prayer. No charge. Registration and details at:

<https://ourladyofdivinefire.regfox.com/esm-class-of-2024-healing-practicum> For more information, email: [kingston@encounterschool.org](mailto:kingston@encounterschool.org).



## ARCHDIOCESE of KINGSTON

13 March 2023

Dear Sisters and Brothers in Christ,

On the 22<sup>nd</sup> of February, Ash Wednesday, we began our forty-day journey to the celebration of the great Easter Triduum, culminating in the celebration of the Lord's Resurrection. The Lenten journey calls us to focus on Christ and practice more intensely the disciplines of prayer, fasting and almsgiving.

In prayer, we pour out our hearts, and listen to His words of comfort and guidance that deepen our relationship with Christ. At times distractions, responsibilities, worries and frustrations - as well as self-indulgence - drag us down, and fasting assists us in returning to an authentic and stable life of faith. Through almsgiving, we are called to make an offering to the Lord in gratitude for all that He has done for us. Our giving might be in monetary gifts or in works of charity. Such acts not only draw us closer to Christ but are a visible witness to the love of God at work in and through us.

This Lent, let us be generous in our offerings to the *Archdiocesan Lenten Collection* that will be taken up in our parishes on Palm Sunday. Last year, our Lenten collection totalled \$66,392, which was allocated to local agencies serving vulnerable groups in our communities. In addition to this, our special collections for Ukraine raised a total of \$141,025.

You may recall that in the spring of 2022, a committee of young people from our four deaneries was formed to assist me with the distribution of Lenten funds. The members of this committee offered profound insights into their respective communities, sharing concerns regarding poverty, homelessness, crisis pregnancies, food insecurity, end of life issues, and mental health. Their conscientiousness and insights were invaluable in this task of distributing your alms to assist those in need. I look forward to working with them again this year.

Let us use these Forty Days to bring hope to others through simple acts of love, praying in a special way for the sick, and for peace in Ukraine and throughout the world. By entering wholeheartedly into this time of grace, we deepen our faith and live more fully the blessedness and joy of our Baptismal dignity.

May God bless you throughout this Holy Season of Lent, and bring you spiritually renewed to the celebrations of the Easter Mysteries.

With prayerful best wishes, I remain,

Sincerely yours in Christ,

+Michael Mulhall  
Archbishop of Kingston

## **Pray for Ukraine: Prayer of Invocation to Our Lady of All Nations**

Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth.

Let the Holy Spirit live in the hearts of all nations  
that they may be preserved from degeneration, disasters, and the ravages of war.

May Our Lady of all Nations, the Blessed Virgin Mary, be our advocate.

Blessed Mother, Queen of Peace, pray for the people of Ukraine.

Amen.