

Bulletin - February 5, 2023

5th Sunday of Ordinary Time

Truly good people who take their religion seriously may be quite unaware of the effect they have on others, but their influence does not go unnoticed. Simple acts of kindness and service create an environment where Christ can be known, loved and cherished. These acts give flavour and sparkle to daily life and let the light of Christ shine forth for all to see. -Desmond Knowles-

*The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament.
This week the Sanctuary Lamp burns*

FOR A SPECIAL INTENTION

If you wish to sponsor the sanctuary lamp for one week the stipend is \$10.00

Please do not attend any Mass if you are experiencing any symptoms such as a stuffy or runny nose, cough, sore throat, fever, headache, pink eye, decreased appetite etc...

Mass Intentions

5th Sunday in Ordinary Time - February 5, 2023

Sat. Feb. 4 -5 pm – Basil Brosso (estate)
Sun. Feb. 5 - 9:30 am – For the people

Tues. Feb. 7– 9:00 am – unannounced
Wed. Feb. 8- 9:00 am – Mary Boyle (Jack)
Thurs. Feb. 9 –9:00 am – Basil Brosso (Estate)
Fri. Feb. 10– 9:00 am – Mary Boyle (Jack)

6th Sunday in Ordinary Time - February 5, 2023

Sat. Feb. 11 -5 pm – for the people
Sun. Feb. 12 - 9:30 am – Mary Boyle (Jack)

Pancake Breakfast: On Sunday 19 February, the Knights of Columbus will be hosting a pancake breakfast in the gymnasium at Holy Name Catholic School, 370 Kingston Mills Rd, just north of the 401, across the road from Holy Name of Jesus Church. Breakfast will be served from 10 AM - 12 PM and include pancakes, sausages, maple syrup, coffee, tea and juice packs. Donations will be gratefully accepted. Profits from this event will be used to support our Saint Vincent de Paul."



Veronica's Veil Overnight Warming Center Seeking Male Volunteers

Male volunteers needed to staff 4-hour shifts throughout the night for a men's shelter at the St. Mary's Parish Centre. Contact Ann Lyn: (613)572-4892 or annlyng96@gmail.com
<https://stmaryscathedral.ca/dropincentre/>

Transformation Night (Hosted by Our Lady of Divine Fire Mission)

Friday, February 24, 6:00 - 9:00 pm

St. Joseph Parish (392 Palace Rd, Kingston)

Fr. Cosmas Ajawara will speak about Jesus' desire to "Bring fire to the earth" (Lk 12:49). NO CHARGE. Registration required: <https://ourladyofdivinefire.regfox.com/transformation-night-feb-2023>. A period of silent Adoration will be followed by continued worship with song. Following the talk, there will be an opportunity for personal prayer ministry and fellowship. For more information contact Miriam at kingston@encounterschool.org.

Lenten Retreat - Renewing my relationship with Jesus

Saturday, April 1st, 2023; 9:30 am - 3:00 pm

Francis J. Spence Pastoral Centre, Room A (390 Palace Road Kingston, ON)

Presenter: Deacon Bill Gervais D Min

In our sessions together, we will be guided by the gospels, church traditions, aspects of Ignatian spirituality, and especially the wisdom of Pope Benedict who claimed being a Christian requires an intimate relationship with Jesus. *"If my desire is solely to be devout, and to perform my religious duties, then my friendship with God will grow arid It will become loveless."* (Deus Caritas Est, 18)

This is a free event but registration is required (light lunch and beverages are provided). Please register by Wednesday, March 29th, 2023. To register, contact Gorett at ore@romancatholic.kingston.on.ca or call 613-548-4461 ext. 112. When registering please indicate any food allergies.

The facilitator for this program of prayer is Deacon Bill Gervais, DMin. He has advanced degrees in pastoral ministry and spirituality. His ministries include pastoral care, spiritual direction, as well as facilitating days of reflection, retreats, and writing a monthly religion column for the Kingston Whig-Standard.

Listening to Indigenous Voices, a resource published by the Jesuit Forum for Social Faith and Justice explores Indigenous worldviews, examines the history of colonization, and concludes with sessions on righting relationships, decolonization, and indigenization. This resource seeks to bring groups together in a process of dialogue on the history and issues facing Indigenous Canadians in the spirit of truth and reconciliation.

Using these books as a guide, participants would meet for 11 sessions for discussion on the content of this resource. Each session includes questions to guide sharing circles. We invite you to organize small groups within your parish.

If parishes are interested in organizing small group discussions around this resource please contact Gorett at pastoralservices@archkingston.ca or 613-548-4461 ext. 112.

St. Mary's Drop-In Centre Looking for Volunteers

260 Brock St Kingston

Volunteer your time to help one of our teams: We need your help with staffing shifts, collecting/organizing donations, working at our Community Garden, and fundraising. Our guests regard the church as a safe haven and we continually hear that our loving volunteers make all the difference. We strive to see Jesus in all those who come through our doors (Mt 25:40). We are always in need of more volunteers, particularly to staff the shifts at the Drop-In Centre and to provide pastoral care to our guests. To volunteer, please get in touch with **Paty Velazquez, Coordinator. Email: paty@stmaryscathedral.ca; Phone: (613) 546-5521** <https://stmaryscathedral.ca/dropincentre/>

Faith on Fire Prayer Weekly Prayer Meetings

The "Faith on Fire" Prayer meetings have resumed on Tuesday evenings and continue weekly from 7:00 – 8:30 pm on Zoom. All are welcome to join us for prayer and teachings as we seek to grow in the Lord. Please email Maame Addai at faithonfirekingston@gmail.com for the Zoom link.

The Billings Method of Natural Family Planning

Are you looking for a way to manage your fertility that does not involve contraception or surgery? The Billings Ovulation Method is a highly effective and simple way to manage fertility. This method is backed by over 60 years of scientific research. Send an email to kingston@naturalfamilyplanning.ca to connect with a local teacher. We are currently offering individual, virtual introductions.

More information about NFP is also available on our Archdiocesan website on the Family Ministry page. [Click here to visit.](#)

Pray for Ukraine: Prayer of Invocation to Our Lady of All Nations

Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth.

Let the Holy Spirit live in the hearts of all nations
that they may be preserved from degeneration, disasters, and the ravages of war.

May Our Lady of all Nations, the Blessed Virgin Mary, be our advocate.

Blessed Mother, Queen of Peace, pray for the people of Ukraine.

Amen.