

Bulletin - January 29, 2023

4th Sunday of Ordinary Time

The beatitudes give us cause for reflection, forcing us to confront whether we are guided by the gospel or by the pattern set by society. - When we look back and remember something that has caused us great hurt, like a broken relationship, we may realize that it was often the failure or the disappointment that made us the person that we are. Whatever it looked like when it happened, we realize now that without the set-back we would be a smaller and less mature person. If we are stronger, more compassionate, tolerant or wiser, it is because we have permitted difficult situations to shape us. -

Desmond Knowles-

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament.

This week the Sanctuary Lamp burns

FOR A SPECIAL INTENTION

If you wish to sponsor the sanctuary lamp for one week the stipend is \$10.00

Please do not attend any Mass if you are experiencing any symptoms such as a stuffy or runny nose, cough, sore throat, fever, headache, pink eye, decreased appetite etc...

Mass Intentions

4th Sunday in Ordinary Time - January 29, 2023

Sat. Jan. 28 -5 pm – Maxime Bisonnette (Murielle DeBernardi-Kalipershad)

Sun. Jan. 29 - 9:30 am – For the people

Tues. Jan. 31– 9:00 am – **St. Martha School Mass** (At the school) -

John Pronovost (staff and students of St. Martha)

Wed. Feb. 1- 9:00 am – Jean Paul & Rosemarie Gosselin (Suzanne Kilpatrick)

Thurs. Feb. 2 –9:00 am – Mary Boyle (Jack)

Fri. Feb. 3– 9:00 am – Mary Boyle (Jack)

5th Sunday in Ordinary Time - February 5, 2023

Sat. Feb. 4 -5 pm – Basil Brosso (estate)

Sun. Feb. 5 - 9:30 am – For the people

Veronica's Veil Overnight Warming Center Seeking Male Volunteers

Male volunteers needed to staff 4-hour shifts throughout the night for a men's shelter at the St. Mary's Parish Centre. Contact Ann Lyn: (613)572-4892 or annlyng96@gmail.com

<https://stmaryscathedral.ca/dropincentre/>

Transformation Night (Hosted by Our Lady of Divine Fire Mission)

Friday, February 24, 6:00 - 9:00 pm

St. Joseph Parish (392 Palace Rd, Kingston)

Fr. Cosmas Ajawara will speak about Jesus' desire to "Bring fire to the earth" (Lk 12:49). NO

CHARGE. Registration required: <https://ourladyofdivinefire.regfox.com/transformation-night-feb-2023>. A period of silent Adoration will be followed by continued worship with song.

Following the talk, there will be an opportunity for personal prayer ministry and fellowship. For more information contact Miriam at kingston@encounterschool.org.

Monthly Meeting for Secular Franciscan Order

First Thursday of the Month (Next meeting February 2nd); 7:00 pm

St. John the Apostle Parish Hall (88 Patrick Street, Kingston, ON) The Secular Franciscan Order (OFS) is a branch of the worldwide Franciscan Family. We are single and married women and men. We work, worship, and play in the community where we live. Everyone is invited to join us for our monthly meetings to share Franciscan spirituality. We meet the first Thursday of the month at 7:00 pm, at St. John the Apostle Church Hall of Kingston. For more information, please call JC Trottier at 613-531-2708 or Friar Ed at (613)546-6900 ext. 204.

Lenten Retreat - Renewing my relationship with Jesus

Saturday, April 1st, 2023; 9:30 am - 3:00 pm

Francis J. Spence Pastoral Centre, Room A (390 Palace Road Kingston, ON)

Presenter: Deacon Bill Gervais D Min

In our sessions together, we will be guided by the gospels, church traditions, aspects of Ignatian spirituality, and especially the wisdom of Pope Benedict who claimed being a Christian requires an intimate relationship with Jesus. *"If my desire is solely to be devout, and to perform my religious duties, then my friendship with God will grow arid It will become loveless."* (Deus Caritas Est, 18)

This is a free event but registration is required (light lunch and beverages are provided). Please register by Wednesday, March 29th, 2023. To register, contact Gorett at ore@romancatholic.kingston.on.ca or call 613-548-4461 ext. 112. When registering please indicate any food allergies.

The facilitator for this program of prayer is Deacon Bill Gervais, DMin. He has advanced degrees in pastoral ministry and spirituality. His ministries include pastoral care, spiritual direction, as well as facilitating days of reflection, retreats, and writing a monthly religion column for the Kingston Whig-Standard.

Listening to Indigenous Voices, a resource published by the Jesuit Forum for Social Faith and Justice explores Indigenous worldviews, examines the history of colonization, and concludes with sessions on righting relationships, decolonization, and indigenization. This resource seeks to bring groups together in a process of dialogue on the history and issues facing Indigenous Canadians in the spirit of truth and reconciliation.

Using these books as a guide, participants would meet for 11 sessions for discussion on the content of this resource. Each session includes questions to guide sharing circles. We invite you to organize small groups within your parish.

If parishes are interested in organizing small group discussions around this resource please contact Gorett at pastoralservices@archkingston.ca or 613-548-4461 ext. 112.

St. Mary's Drop-In Centre Looking for Volunteers

260 Brock St Kingston

Volunteer your time to help one of our teams: We need your help with staffing shifts, collecting/organizing donations, working at our Community Garden, and fundraising. Our guests regard the church as a safe haven and we continually hear that our loving volunteers make all the difference. We strive to see Jesus in all those who come through our doors (Mt 25:40). We are always in need of more volunteers, particularly to staff the shifts at the Drop-In Centre and to provide pastoral care to our guests. To volunteer, please get in touch with **Paty Velazquez, Coordinator. Email: paty@stmaryscathedral.ca; Phone: (613) 546-5521 <https://stmaryscathedral.ca/dropincentre/>**

Faith on Fire Prayer Weekly Prayer Meetings

The "Faith on Fire" Prayer meetings have resumed on Tuesday evenings and continue weekly from 7:00 – 8:30 pm on Zoom. All are welcome to join us for prayer and teachings as we seek to grow in the Lord. Please email Maame Addai at faithonfirekingston@gmail.com for the Zoom link.

Birthright Kingston Needs Volunteers

If you can spare 2 and a half hours per week to assist women and girls in Kingston who are facing a difficult pregnancy, please call us at 613-546-5433 or email info@kingstonbirthright.ca. If you have experience with websites and social media you could help us from home. We provide training. Please consider helping with this life-affirming work.

Pray for Ukraine: Prayer of Invocation to Our Lady of All Nations

Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth.

Let the Holy Spirit live in the hearts of all nations
that they may be preserved from degeneration, disasters, and the ravages of war.

May Our Lady of all Nations, the Blessed Virgin Mary, be our advocate.

Blessed Mother, Queen of Peace, pray for the people of Ukraine.

Amen.