

Bulletin - Jan. 30, 2022

4th Sunday in Ordinary Time

We are invited to witness to Christ, not simply with words, but with our lives. We are called to witness to the values which he represents. At home it may be the call to love more tenderly, showing patience when irritated by shortcomings among friends and neighbours and a readiness to excuse and overlook sharp words.

–Desmond Knowles–

The Parish Office is closed until further notice.

Leave a message (613-546-0418) or email Christine at holynamekingston@gamil.com

*The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament.
This week the Sanctuary Lamp burns*

FOR THE INTENTIONS OF PARISHONERS

If you wish to sponsor the sanctuary lamp for one week the stipend is \$10.00

Mass attendance will be limited to numbers that allow for social distancing.

Reservations are required! Please contact the office by email or phone.

You can now listen to Mass from the comfort of your car in the parking lot. Just tune in to 87.9 FM.

You can receive Holy Communion after Mass at the church entrance.

Virtual Masses and Prayer corners <https://www.romancatholic.kingston.on.ca/prayer-corner>

Capacity restrictions and all safe worship protocols remain in effect. Vigilance for the safety and wellbeing of all parishioners very important to us.

Please do not attend any Mass if you are experiencing any symptoms such as a stuffy or runny nose, cough, sore throat, fever, headache, pink eye, decreased appetite etc... You are reminded that the archbishop has granted a dispensation from attending Sunday Mass and Holy Days of Obligation... and there are many televised and online Masses within the Archdiocese. Thank you and stay safe!

UNDERSTANDING THE MASS EVEN BETTER

Virtual Sessions / on Zoom : The Archdiocese of Kingston

invites you to join us on Zoom as we explore the Mass on a deeper level with the following presenters:

Archbishop Paul Andre Durocher, Bishop of Gatineau and Rev. Fr. John Hibbard, pastor of St. Paul The Apostle Church, Kingston. These sessions are **held every other Thursday, 7:00 – 8:15 pm; Feb. 3rd, 17th, and March 3rd.**

Each session includes video presentation followed by small group discussions and sharing of insights. To join us, please use the same LINK that you will find on the Archdiocese of Kingston website under the Calendar of Events (Thursdays), or here: <https://www.romancatholic.kingston.on.ca/understandingthemass>

For more information, or to receive the link by email, please contact Mariola Gozdek at

liturgy@romancatholic.kingston.on.ca

SYNOD 2021-23 : We are in the participation phase of the synodal process! All are welcome and encouraged to participate and share their voice. Our online survey is now live on our Synod webpage. Please take some time to complete the survey and share the link with your friends and family. www.romancatholic.kingston.on.ca/synod

HOW TO PARTICIPATE IN THE SYNOD?



WWW.ROMANCATHOLIC.KINGSTON.ON.CA/SYNOD

- **COMPLETE ONLINE SURVEY! NOW OPEN!**
- **PARTICIPATE IN A PARISH OR GROUP LISTENING SESSION (VIRTUALLY OR WHEN SAFE TO DO SO)**
- **REACH OUT TO THE SYNODAL COORDINATOR - MORE INFO ON SYNOD WEBSITE**



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